



# **OK ORION**

**invites to**

**"The Spring Race 2010"**

**with the same Competition Centre as for  
Elitserien and Silva Juniorcup**

**3 april 2010**

**National Middle**

**5 april 2010**

**National Long**

**Competition Centre: Sibbaboda Arena**

**8 km south east of Jämjö**



### Categories Middle Distance 3 April 2010

H 10	H 40	D 10	D 40
H 12	H 45	D 12	D 45
H 14	H 50	D 14	D 50
H 16	H 55	D 16	D 55
H 18	H 60	D 18	D 60
H 20	H 65	D 20	D 65
H 21	H 70	D 21	D 70
H 35	H 75	D 35	D 75

Inskolning	Open 1 (white)
U2	Open 2 (yellow)
U3	Open 4 (orange)
U4	Open 5 (red)
	Open 7 (blue)
	Open 8 (black)

### Categories Long Distance 5 April 2010

H 10	H 35	D 10	D 35
H 12	H 40	D 12	D 40
H 14	H 45	D 14	D 45
H 16	H 50	D 16	D 50
H 18	H 55	D 18	D 55
H 20	H 60	D 20	D 60
H 21	H 65	D 21	D 65
H 21L	H 70	D 21L	D 70
	H 75		D 75

Inskolning	Open 1 (white)
U2	Open 2 (yellow)
U3	Open 4 (orange)
U4	Open 5 (red)
	Open 7 (blue)
	Open 8 (black)
	Open 10 (black)

#### How to find the competition centre

Sibbaboda Arena, 8 km south east of Jämsjö. Jämsjö is located 15 km east of Karlskrona in Blekinge. Follow signs from E22 through Jämsjö.

#### Map & terrain

Färskesjön SO: Produced by Kenneth Kaisajuntti, 2010

3 april: 1:10 000 (offset)  
5 april: 1:15 000 for HD16 up to HD21 (offset)



1:10 000 for others (offset)

Technically demanding but quite flat coast terrain. Good runability.

**Punching System**

Sport Ident

**Start fees**

HD18 and older                      100\* SEK  
HD16 and younger                    50 SEK

\*Increased starting fee by 10 SEK due to the high quality competition.

**Entries for international runners**

Please use the possibility in Eventor to register foreign clubs. Follow link:

<https://eventor.orientering.se/Register?culture=en-US>

When club is entered use to following links to Eventor:

3 April: <http://eventor.orientering.se/Events/Show/718>

5 April: <http://eventor.orientering.se/Events/Show/719>

Entries can also be done by e-mail to [anmalan@okorion.se](mailto:anmalan@okorion.se). Please add Club and invoice address carefully.

**Entries shall be registered no later than Friday 26 of march 2010.**

Start fees will be invoiced after the competitions. It will also be possible to pay directly at the Competition Centre.

**Late Entries**

Late entries with 50% higher starting fee until:

For the race 3 April: until Thursday 1 April at 22.00

For the race 5 April: until Saturday 3 April at 22:00

**Parking**

At Competition Centre.

**First start 3 April:**

First start 11.00 am

**First start 5 April:**

First start 10:00 am

**Showers**

Hot showers outdoor

**Service**

Full service at the Competition Centre.

**Head of competitions  
Course setters**

Per-Ivan Engström, Clas Lindell

3 april: Martin Johansson

5 april: Kent Olsson

**Information**

Clas Lindell [clas.lindell11@bredband.net](mailto:clas.lindell11@bredband.net)